

For many years now, breast augmentation has been one of the most popular cosmetic procedures, giving women the prospect of safely reshaping or enlarging their breasts. Whether you want to show off the latest fashions or reclaim your figure, breast enhancement surgery's modern techniques permit you to have safe and dramatic results.

"This was the best thing I have ever done for myself! I feel more feminine and my self confidence has improved."

F. Chelsea, age 33

Before



After



How is the Breast Augmentation procedure performed?

Several variations of the procedure exist, but all consist of making a small incision in the skin (in one of four locations) and placing a specially designed implant under the breast tissue or muscle. The four locations the incisions can be made are medically known as Periareolar (around the nipple area), Inframammary (beneath the breast) Axillary (in a skin crease under the arm), and Transumbilical (within the belly-button). These methods keep scars as inconspicuous as possible.

There are many types of implants. The two main categories are those that are filled with saline and those that contain a silicone gel like substance. Implants can have a smooth surface or textured and have a round or oval shape. A personal consultation with your surgeon will help determine which of the above variations are right for you.

Schedule a consultation and discover how this treatment can benefit you!



After



Before



After



Before

What will I look and feel like afterward?

You should be up and around within a day or two after the effect of the anesthesia has worn off. Your surgeon will be able to prescribe medication to control any discomfort. You will notice swelling and in some instances, mild bruising.

You will notice a definite immediate difference in your breast size, but keep in mind you have swelling that needs to subside before your actual size is evident. You may be required to wear a snug garment or support bra.

During the first 5 to 10 days, bruising and swelling will reach its highest point and begin to subside. You will be allowed to shower and able to return to work that is non-strenuous.

Within 7 to 10 days, the stitches will be removed or will dissolve.

After a few weeks you may resume vigorous exercise and full range arm movements. You will experience a significant reduction of swelling and the final results will begin to take shape.