

The nose is one of the most prominent facial features and undoubtedly the one a good number of men and women would most like to change. If you are unhappy with your nose, you can transform it with nasal surgery called Rhinoplasty. If breathing through your nose is a problem, Rhinoplasty can be combined with Septoplasty to correct the interior chambers of your nose to effectively restore the capacity to breathe freely. Whether you wish to affect a change to your profile or breathe more easily, nasal surgery's modern techniques permit you to have safe and dramatic results.

"I was always so self conscious about my nose. Now I love it!"

F. Cantrell, Age 43

What features of the nose can be changed?

Typically, patients are interested in changing the profile, the width, the tip, or the nostrils' shape. All of these facets can be addressed with Rhinoplasty. In addition to removing undesirable bulges, the surgeon can make the nose more diminutive or larger, more narrow, shorter, or longer, or more symmetrical to your face. The goal is to give you a natural-looking nose that is well suited to your face and more aesthetically pleasing.

How is the Rhinoplasty procedure performed?

Most commonly the surgery is performed through tiny incisions made just inside the nostrils. At other times it may be necessary to make another incision across the strip of skin between the nostrils. Regardless of the method, the incisions will be virtually invisible after healing. Operating via these incisions, the surgeon can reshape and redefine the nose by sculpting the bones and cartilage—perhaps reducing some areas while building up others with your own cartilage and bones or other approved materials. A personal consultation with a surgeon will help determine which techniques might be best for you, depending on your natural structure and desired result.



Before



After



Before



After



Before



After

What will I look and feel like afterward?

Because every individual patient varies in degree of bruising and healing, there is no exact answer. However, we can offer a general outline of expectations:

For the first few days there will be some swelling and bruising around the eye area. You may have a congested feeling and experience mild bleeding. All activity should be restricted; resting with the head elevated is absolutely necessary to minimize the swelling. Your surgeon should prescribe medication to control any discomfort.

Within the first week, you may resume very light activity. Bandages and gauze packing will be removed, and you may use cosmetics to cover any discoloration.

Within 7-10 days, stitches will be removed or will dissolve.

After 4-6 weeks you may resume nearly all of your normal activities and light exercise. You will experience a significant reduction of swelling and the final results will begin to take shape over the next few months.