

## ***Which treatment option is best for me?***

During your consultation, your skin type and scar will be evaluated and a customized treatment program will be developed. This may include a combination of treatments to optimize your results. In some cases, certain types of scars can only be improved and not completely eliminated. Your treatment expectations and results will be thoroughly discussed during your consultation.

### ***Surgical Excision***

This option is typically for scars that are deeply pitted, raised, or for older surgical scars that did not heal properly. The scar tissue is removed, followed by careful stitching of the skin to leave a much smaller or thinner scar line.

### ***Laser Skin Resurfacing***

This treatment is excellent for acne scarring as well as for sun damaged or aged skin. The laser vaporizes the damaged skin and commences the regeneration of fresh skin during the following weeks. The thermal damage to the deep tissue stimulates new skin growth, promoting a healthy new collagen layer as well.

### ***Microdermabrasion***

Microdermabrasion is a non-surgical, exfoliating treatment helpful for those unhappy with scars, acne scars, sun-damaged skin, pigmentation spots, stretch marks, fine lines, and rough skin. Treatment can be performed anywhere on the body. This treatment works for scarring especially when used in conjunction with other modalities.



*Before*



*After*



*Before*



*After*



*Before*



*After*

### ***Laser Skin Rejuvenation***

This is a non-invasive approach in which the laser energy penetrates the skin, damaging the deepest tissue layers. The damage causes the skin to repair itself and stimulates the production of collagen. As the underlying skin thickens, the top layers of the skin begin to contour more smoothly. Multiple treatments may be recommended. This treatment option works well in conjunction with microdermabrasion for certain scars.

### ***Chemical Peels***

Depending on the skin type and scar to be treated, a superficial, medium, or deep chemical peel may be recommended. In addition to removing the top layers of the epidermis, chemical peels are noted for their ability to stimulate collagen synthesis and aid in the production of new skin cells. Depending on the type of peel, multiple treatments may be required.

### ***IPL™ Skin Rejuvenation***

This is a non-invasive approach in which intense pulsed light energy penetrates the skin, damaging the deepest tissue layers. The damage causes the skin to repair itself and stimulates the production of collagen. As the underlying skin thickens, the top layers of the skin begin to contour more smoothly. Multiple treatments may be recommended. This treatment option works well in conjunction with microdermabrasion for certain scars and coarse, uneven skin texture.